

Physical Education Curriculum Map



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Nursery children take part in a range of physical development activities planned as part of their ongoing EYFS provision. (These activities focus on the development of key skills identified in the 'Early Years Foundation Stage Framework' and 'Development Matters guidance' document.)					
Reception	Introduction to PE unit 2	Fundamentals unit 2	Gymnastics unit 2	Dance unit 2	Games unit 2	Ball skills unit 1
	Children in Reception also take part in a range of other physical development activities planned as part of their ongoing EYFS provision. (These activities focus on the development of key skills identified in the 'Early Years Statutory Framework for the Early Years Foundation Stage'.)					
Year 1	Fundamentals Ball skills	Gymnastics Sending & receiving	Dance Target games	Invasion games Yoga	Athletics Net & wall games	Team building Striking & fielding
Year 2	Fundamentals Ball skills	Gymnastics Invasion games	Dance Sending & receiving	Yoga Fitness	Athletics Net & wall games	Team building Striking & fielding
Year 3	Fundamentals Y3/4 Ball skills Y3/4	Gymnastics Dodgeball	Dance Netball	Yoga Tag Ruby	Cricket Tennis	Athletics Handball
Year 4	OAA Football	Basketball Golf	Fitness Dance	Hockey Swimming	Tennis Swimming	Athletics Swimming
Year 5	Fitness YOGA	Gymnastics Dodgeball	Dance Hockey	Tag rugby Badminton – Y5/6	Cricket Rounders	Athletics Netball
Year 6	OAA Basketball	Golf Volleyball – Y5/6	Gymnastics Dance	Football Handball	Tennis Rounders	Athletics Multi Sports